

## Are humans herbivores or bloodthirsty predators?

In order to find out whether the human body is naturally omnivore or not we have to put the human skeletal system under the microscope to see if it has any similarities to carnivore animals like tigers, lions, bears, and wolves, or if humans are trying to force their way into this group! I will study three major classifications of living creatures, each with a different nutritional system, in order to see which one are humans most similar to: carnivores, omnivores, herbivores and frugivores.

**Carnivores:** Animals like wolves, tigers and lions belong to this group. These animals have nails and fangs that are large, long, and sharp, particularly made for hunting other animals. Carnivores' appetite is stimulated upon seeing the prey, so the animal attacks. With a bite, fangs are immersed into the prey's body and blood spills. On the sides, the molars, which are of course sharp, are in charge of cutting the meat enough to make it swallow-able. Between the teeth there are empty spaces so that meat tissue does not remain between teeth. These animals have jaws that are angled, bigger and stronger than other animals' so that it can hold on to the prey and prevent it from escaping. Their mouth, compared to the size of the head, is relatively large. When the food is getting crushed in the mouth, the jaw moves only up and down and does not rotate. These animals have small salivary glands since they do not need to chew or grind the food in their mouth. Their livers are bigger, their stomach acid is very strong, their intestine is three times their height, and the kind of bacteria present in their intestine is different from other animals. Food absorption happens in a very short period of time for these carnivores. They are able to eat every part of the prey's body and do not care about taste. They can even consume rotten meat with ease and do not have to deal with digestive problems or food poisoning because special enzymes in their body kill the bacteria. They sleep longer than other animals and have better vision in the dark. These animals, despite consuming meat on daily basis, do not get diseases such as cancer, heart problems, high fats, etc., and do not need to take medications.

Do you see any similarities between your body and the animals in this classification?

**Omnivores:** Animals like bears, raccoons and boars belong to this group. By eating meat, human beings want to place themselves in this classification! Omnivores have long and sharp fangs that they use for hunting. On both sides they have sharp or flat molars which are used for eating plants as well. They have relatively big mouths, and their jaws, like carnivores, are angled, big, and strong. They cut the food with their teeth until it is swallow-able and swallow it, or grind it in the mouth and then swallow it. Their stomach acid is strong, their intestine is about four times their height, and their sleep duration is also long. Bears which are known for eating both meat and plants eat both plant roots and leaves and also small animals but that causes no complications to their health.

Some specialists like nutritional specialists put humans in this category. All it takes is a little thinking to discover the mistake in this claim. Are humans' jaws angled and mouth relatively big? Do they have big and long fangs to rip apart the prey? Is the humans' intestine four times

her/his height? No, humans' intestine is twelve times the height so that she/he can absorb plants slowly and surely, like herbivores. Can humans swallow food without chewing it? Maybe you can twice or three times, but after that digestive problems show up and you have to go to the hospital. The human body can digest meat, but does that prove that we are omnivores? Our body can digest paper too. **The ability to do something does not make it right.**

If the human body has the ability to digest meat, then why does the digestive system experience various kinds of problems and diseases? If humans are naturally omnivores, then why is their style not like that of omnivores? Why do they not hunt their prey with tooth and nail, rip apart their prey, and taste its warm blood? Why do they have to use spears, guns, and knives to kill and cut up meat? Why do they only choose a certain part, like muscle, marinate it in an assortment of spices to get rid of the real taste of meat, and then cook it to finally have the courage to eat it? Aside from these, what percentage of omnivore people, young and old, are able to kill an animal like a cow or a sheep with their own hands? All predatory animals have the ability to hunt and kill their own prey and are not forced to have other animals (in the case of humans, slaughterhouse workers) be responsible to hunting and killing the prey.

**Herbivores:** Animals like cows, sheep and deer belong to this classification. The human body has a lot of similarities with herbivores. Animals belonging to this classification have very small fangs because they do not have to kill other animals. They can cut plants with their front teeth, and grind and break down plants with high rows of molar teeth. They have wide finger nails, and unlike carnivores who have angled jaws, they have wide jaws, which rotate, allowing food to be chewed well and then swallowed. Their mouth is small compared to the size of their head. They have salivary glands that are bigger and more complicated in order to help with digesting plants. Their stomach acid is much weaker compared to carnivores, and they have intestines twelve times their height enabling them to digest and absorb plants better since food absorption takes a long time for these species. Their sleep period is shorter than carnivores and omnivores.



Do you now see the similarities between your body and those of herbivores? So the human body is naturally an herbivore body. A human being does not want to attack, eat or drink blood of a live animal upon laying eyes on it, but when she/he sees a grape on a vine, her/his mouth waters, walks toward the grapes, picks and eats them. An experiment: put a live chicken and a cluster of grapes next to a child and watch her behavior. If she decided to eat the chicken and play around with the grapes, then she is an omnivore.

**Frugivores:** Animals like chimpanzees, fruit-eating bats, and turtles belong to this classification. Eating fruits is a kind of Herbivores, and of course a big portion of these animals' diet consists of fruits and seeds. About 70 percent of herbivore mammals are fruit eaters, and some of them, in addition to fruits, eat leaves and insects. Their cutter teeth, used for cutting fruits and roots, are not bigger than their front teeth. Some scientists believe that humans are frugivores based on their dental structure.

We have learned to eat meat by imitating animals' nature and pass down from generation to generation. Today, fast food is found almost everywhere around the world and people are used to eating it. Saying humans are omnivores from the very beginning is like saying humans were fast-food-eaters from the very beginning and cannot live without it. I even disagree with the notion that humans, because they could not find anything else, had to eat meat at some point to survive. Humans decided to kill and eat animals to make their job easier because, compared to finding, planting, harvesting, and storing plants, it cost less and took less effort.

**Is Meat-eating part of the natural law? 1-** Human life began to stray away from nature and the natural law from the caveman's era and the invention of tools, and with the creation of artificial and chemical products, overuse of natural resources, and overpopulation, gradually transformed into industrial and urban living, and even took a step in the direction opposite to nature, and today we see it has resulted in the deterioration of nature and the decline of living creatures. Therefore, the natural law does not include humans. If human is a superior creature, and has a holy spirit and the ability to ascend into another world, then her/his living style also needs to be superior and free of violence because violence guarantees destruction and failure. We can only be part of the nature when we live like other animals - with no tools or civilization - and hunt other animals with bare hands, tear apart their meat with our teeth and nails, and eat them raw. **We cannot call ourselves civilized and advanced if we continue our predation and Meat-eating like other predatory animals, either directly or indirectly. Civilization needs to include all aspects of life, not just part of it.** This subject of natural law includes people who are nudists and consider nudism part of the natural law. Some believe that since we have been born naked, we have to live naked. They consider it a kind of freedom. We are also born illiterate but why do we go to school and study when we turn six years old? Why do we have to follow rules such as traffic laws in the society? Following traffic laws is depriving us from freedom too because when we were born we did not need them! Humans can live nude when they live in the jungle, with no humane and social advancements and no civilization, just like other animals.

2- If Meat-eating and oppression are part of the natural law, why do people not surrender to the powerful and cruel rulers and why they do fight for their freedom? Meaning, why do they not accept the rule of the oppressor over the weak?

3- In the natural law minus human mind, cannibalism has been a tradition since ages ago and cannibals can still be found, in civilized societies (in the technological sense) and also in faraway regions (Amazon jungles) and countries like China and Taiwan (It is said that in some parts, a human fetus is sold to those interested to be turned into kabob skewers or soups, because they believe fetal meat is good for health and has proteins and special hormones that the adult body needs.) In the past bodies of enemies were eaten in revenge, and in the famous army of Mongol Khan, when they were in ambush and had to wait days for an opportunity to attack and ran out of food supplies, they killed their own soldiers and ate them.

**Two things are infinite: the universe and human stupidity (Einstein).**

Human meat is not different from other animals' meat and might even be more flavorful but the only reason most people around the world refrain from cannibalism is first, the laws that are in place to protect humans from cannibals, and second, achieving this humanitarian belief that fellow humans should not be killed and eaten.